



LEG 11

9.09 MI

VERY HARD!

LEG DESCRIPTION: THE MOST DIFFICULT LEG IN HOOD TO COAST HISTORY.

Alright, here's the deal. This leg is NO JOKE. THIS LEG WILL BE VERY DIFFICULT. 9 miles, on logging roads and trails through the forest. You will feel like a real champion after this.

Listed below are some popular hikes to give you a comparison to the 1,247 ft elevation gain.

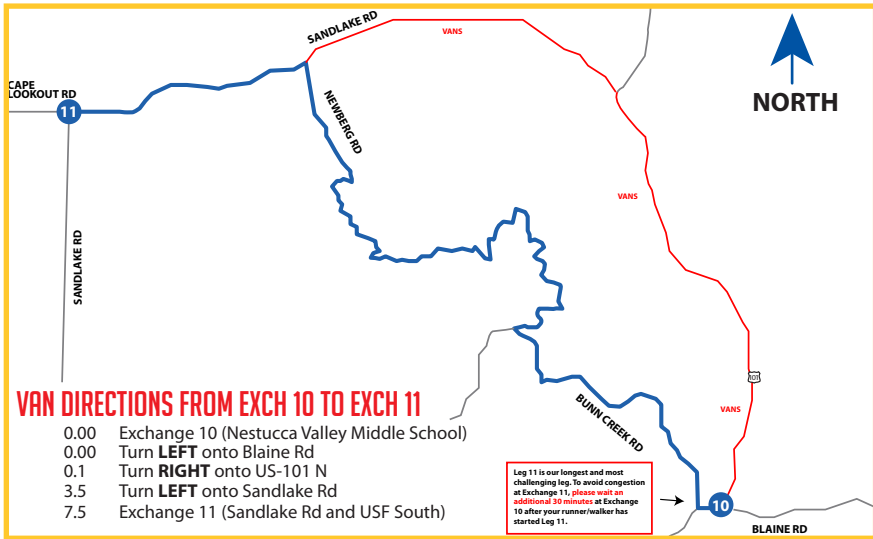
Hike to Multnomah Falls (1.2 mile climb): +1,600 ft

Leg 29 on the Mother of All Relays (3.4 mile climb): +598 ft

EXCH 11 ADDRESS: 18868 Sandlake Rd, Cloverdale, Oregon

GPS: 45.318247, -123.914285

NOTES: NO VAN SUPPORT ON THIS LEG.



DIRECTIONS FROM EXCH 10 TO EXCH 11

- 0.00 Exchange 10 (Nestucca Valley Middle School)
- 0.09 Turn **LEFT** onto US-101 S
- 0.22 Turn **RIGHT** onto Bunn Creek Rd
- 2.54 Keep **RIGHT**
- 5.56 Keep **RIGHT**
- 6.50 Turn **LEFT** onto Newberg Rd
- 7.40 Turn **LEFT** onto Sandlake Rd
- 9.09 Exchange 11 (Sandlake Rd and USF South)

REMINDER
Your driver **MUST** remain at the wheel during the exchange. Please follow volunteer instructions.

Total Elevation Loss: -1251ft
 Total Elevation Gain: +1247 ft
 Net Elevation Change: -4 ft

